

Fall Edition

October 2008



UTAH ASSOCIATION OF TEACHERS OF FAMILY AND

UATFACS TIDBITS

President's Message

This week I have been reading about UATFACS from all our historical records. It seems to me that the president's message over the years has shared the same message:

- You teachers work tirelessly with little recognition
- It is important to join our State and National professional organization
- CTE classes are always under fire because of increased graduation requirements
- Mid-winter conference is just around the corner (Feb. 6 & 7)

I have heard that if you always do what you've always done, you can expect the same results. Most of the time what we have always done *is* good. However, I am an old 4-H'er and I grew up with "Make the Best Better" motto. So here is my challenge to each of you.

This year, GO BEYOND GOOD. Take a minute (because I know that's all you have) and think about your job. You began teaching no doubt because of a desire "to change peoples' lives for the better." Are you accomplishing your goal? I am sure the answer is a resounding "yes" if you talk to your past students. But, are YOU feeling joy as you teach your students? Teaching is incredibly hard work. I felt like I was preparing to be on stage everyday!!! Sunday evenings I always had little anxiety attacks – am I ready for tomorrow? How is your planning? Do you know what you are doing tomorrow or next week? Have you written yourself a day by day schedule? Have you tried to look at your curriculum in chunks of time like terms or semesters? Have you written down objectives that you really want your students to know when they leave your class? Are you organized (physically & mentally) in your classroom? Have you thrown away files that haven't been touched in the past few years? Really, everything you need you can get from the listserve.... : } or online. What are we doing to make ourselves and our students happy? What are YOU doing to make sure YOU don't burn out?

My former vice-principal asked students what qualities they thought a professional teacher should have. I am going to include the responses here, because we are all in a professional organization and we need to walk and talk the part. Students said professional teachers:

"Are committed to helping us learn and are not just in it for a paycheck." *Little do they know...*

"Know what they are doing." *You have to know your material. Practice..*

"Have a a good attitude towards us as students." *They are the reason you have a job.*

"Should dress nice and not dress like one of us." *What message are YOU sending by your attire?*

"Even if we get upset, should be under control and better than us because we are just kids." *Deep breath, count to 10, get enough sleep, be prepared.*

"Aren't late to class and have us wait in the halls." *Be prepared.*

"Should try and learn my name." *One of the biggest 'little things' that makes the most difference.*

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President's Message continued

Another student said "I like it when you guys admit when you make mistakes. To me it shows you are really professional and human. To me it shows you have learned how to show us how to make things right when it comes out wrong."
Ahhh, future teacher.

I can just hear you say, "But I'm too busy to go through files or make schedules," or "I don't have enough money to buy in-style clothes" (classic never goes out of style), or "I'm doing the best I can."

I want to say to each and every FACS teacher, that I am so proud of each of you. I know that you work hard to do a seemingly thankless job. I know the monetary perks are pretty low. But where else could you work where you have so much influence on the lives of so many? You are priceless. You're in charge of YOU. Be your best friend. Your confidence will show in your everyday dealings with your wonderful students.

As UATFACS officers this year we are also working hard to help each of you have the best year ever. We are putting together a wonderful Mid-Winter Conference at UVU and Lakeridge Jr. High. We are encouraging you to become a member of UATFACS. We are looking to recognize you and your outstanding peers through awards. We are trying to help you in any way possible and we are enjoying the journey. Please think about being a part of our professional organization because nationally and locally you need UATFACS to speak up for you and UATFACS needs you!

Make the best better. Start right now and make the decision to do something different, better or new. You can do it and you will feel new empowerment as you follow through.

Share your success stories with each other.

Very best wishes in all your endeavors and thanks for being YOU!

Susan Schumacher

UATFACS President 2008-2009



Upcoming Events:

- UEA - October 16 - 17, 2008
- Jumpstart 2008 Financial Literacy Summit - Zermatt Resort, Midway, November 7, 2008
- UAFCS - Annual Conference - Thanksgiving Point, Lehi, November 7 - 8, 2008
- ProStart Teaching and Student Career Fair and Training - South Towne Center, November 12, 2008
- ACTE Conference - Charlotte, North Carolina, December 2 - 6, 2008
- UACTE Mid-Winter Conference - "Charting the Course" UVU and Lakeridge JH, February 6 - 7, 2009
- FACS Summer Conference - June 17 - 18, 2009

Message From Becky Cox



If you didn't get an e-mail from ACTE with the FACS newsletter, please go read up. (Of course the PDF formatting messed it all up, but the information is still fine). Go to www.ACTEonline.org. Click on *About ACTE>>Divisions>>FACS*. On the site you'll find a Fall 2008 newsletter, an application for national awards, and graduate fellowship applications (this is a great opportunity to help fund your education). Hope to see you in Charlotte for National ACTE or at UVU in Feb for the UACTE conference. Don Aslett will be the key-note speaker and he is an honorary member of our profession. If you don't know who he is, Google him! Hope your year is off to a great start!!

Becky Cox,

From the UATFACS Kitchen

ROOT BEER COOKIES

1 cup brown sugar (packed)
1/2 cup butter or margarine, softened
1 egg
1/4 cup buttermilk
1 tsp. root beer extract
1 3/4 cups all-purpose flour
1/2 tsp. baking soda
1/2 tsp. salt



Mix sugar, butter and egg in bowl until fluffy. Stir in remaining ingredients and mix until smooth. Cover and refrigerate at least 1 hour.

Preheat oven to 400°F. Drop dough by rounded teaspoonfuls 2 in. apart onto greased cookie sheet. Bake for 6 to 8 minutes or until almost no impression remains when a cookie is lightly touched. Immediately cool on rack. Frost with Root Beer Glaze.

Root Beer Glaze:

2 cups confectioner's sugar
1/3 cup butter or margarine, softened
1 1/2 tsp. root beer extract
2 tbsp. hot water

Mix sugar and butter. Stir in extract and water. Frost cookies.

**"When it comes to the milk of human kindness,
there is no such thing as skim."**

2008 FACS SUMMER CONFERENCE AWARDS

Susan Smith - Outstanding Service Award



The Outstanding Service Award is to recognize *educators* who have made the highest meritorious contribution to the promotion of CTE. These individuals must have made contributions above the salaried position at all levels and work currently in the field of education. The UATFACS award winner for this award is such an incredible individual that the recognition from this award isn't enough. Susan Smith is a teacher at Grantsville High School. She has taught for 21 years. During those years of teaching, her service, activities, and leadership have been endless. Susan has been heavily involved in the FCCLA program from her first years of teaching. Currently she serves as the FCCLA lead consultant for the National Programs in Action. She serves on the State Advisory Board, is a state advisor for 12 state officers, serves as the legislative representative on the UATFACS board, and has served on myriads of committees working on curriculum and skills testing for the state. Susan is a wonder. Her generosity and accomplishments are too many to write at this moment. Please make an effort to get to know her.

Nan Washburn - Award of Merit



We are always thrilled with positive support from our community with our endeavors as educators. The **Award of Merit** is presented to individuals or organizations that contribute to the advancement of CTE. This year we chose to acknowledge Nan Washburn of Great Harvest Bread in Holladay, Utah. Nan was nominated because of her continual support through contributions that ranged from financial to educational for the FACS programs.

Kathy Croxall - Arch of Fame



The **Arch of Fame** is recognition for a person who has had a significant impact on the field of Career and Technical Education at the national, regional and state levels. This year's award was presented to Kathy Croxall of Southern Utah University. Kathy has been deeply involved with ACTE by serving on several national committees over the past few years. She has represented the state of Utah and the FACS organization with enthusiasm. Kathy has been a presenter at several national ACTE conferences and is always looking for ways to promote FACS education at the national level. Kathy is also involved in the AAFCS organization and is currently serving as past president for that organization here in Utah. UATFACS appreciates Kathy and her efforts in promoting Career and Technical Education, specifically FACS.

2008 FACS SUMMER CONFERENCE AWARDS

Becky Cox - Carl Perkins Humanitarian Award



Becky Cox has received our **Carl Perkins Humanitarian Award**. This award is presented to individuals in or outside the field of CTE who have made outstanding meritorious contributions of state and national significance for the improvement, promotion and progress of CTE.

Becky teaches at Lone Peak High School in Highland, Utah. She also serves as the school CTE Coordinator and student council advisor. Becky is currently the National ACTE FACS division president. She has served in many state and national positions and on various state and national committees. Becky's platform statement on the ACTE website states her thoughts about FACS and CTE beautifully: "Teaching FACS is my passion. I know that we change lives for the better both in the home and in the workplace. FACS offers students opportunities that are truly life-changing. It is important that we continue to be a sound presence in the education field. We must be strong advocates for our programs locally and nationally. We must prepare others to enter this exciting profession. We can help them find that passion within. We must stand firmly with all CTE educators to let others know we do it skillfully and we do it right." Becky truly exemplifies the purposes of Carl Perkins and we are thrilled that she is in our state teaching and that she represents us in such a fantastic manner!

Ann Sorenson - Outstanding Teacher in Community Service



This next award is very similar to the previous award. The **Outstanding Teacher in Community Service** award is to recognize current teachers that motivate and involve their peers and students to become involved in programs and projects that benefit their communities. Ann Sorenson at Brockbank Jr. High has been presented this award for this year. Susan Litchfield a co-worker of Ann's commented that, "Ann works circles around everyone." Ann has been teaching for 19 years and is highly involved in both UATFACS and UAFCS. Ann started a program for disadvantaged students at Brockbank Jr. called "The Brockbank Rack." Students that don't have adequate funds for clothing are invited to "shop" at "The Rack." Ann organized the teachers in her school to donate used clothing or gather used clothing for these students. Teachers also bring bags from retailers such as Gap, Old Navy etc., so that when student's "shop" they don't leave with their things in a grocery bag. Hygiene items have been included in the store. Ann was able to acquire a grant from Wal-Mart to help with this effort. Ann works tirelessly for her profession and her students. What an example!

2008 FACS SUMMER CONFERENCE AWARDS

Kathy Larson - Outstanding New CTE Teacher



This next award is meant to encourage new teachers to remain in the profession. It is geared towards recipients that are innovative and initiate unique and novel programs and show professional commitment early. They must have taught for a minimum of three years but no more than five years. Our **ACTE Outstanding New CTE Teacher** for this year is Kathy Larson. Kathy teaches at Canyon View Jr. High in Orem. Her programs most definitely reflect the above criteria with her implementation of "The Iron Chef" competition that has now caught on at many schools and her "Plinko Board" teaching aid. Plinko Boards have been a raging success amongst conference workshop choices. Kathy has a terrific website and blog that she uses with her teaching and communication with students. Kathy recently became engaged. We wish her well in her future plans.

Camille Williams - ACTE Teacher of the Year



This year's **ACTE Teacher of the Year** is Camille Williams, from Provo High School. Camille has taught for 13 years; all thirteen have been at Provo. Her students love her. A testament to this is the fact that many of her students go into FACS or into teaching in Child Development areas such as elementary education. And MANY students return to visit and say hi! Could this also be due to her fun and vivacious personality?

Camille teaches Foods, Child Development, and Child Care. With the Child Care Camille runs an incredible pre-school program. She is innovative in her teaching and always willing to share ideas or present at conferences. Camille is also very active in her associations and is currently an FCCLA Executive Counsel member. Needless to say, she is very involved in FCCLA.

Joann Tuttle - ACTE Outstanding CTE Educator

We all know the value of an administrator that supports programs in all aspects. We are thrilled to acknowledge Joann and her efforts.

The **ACTE Outstanding CTE Educator** for this year is Joann Tuttle from Nebo School District. Mindy Johnson at Spanish Fork High School nominated Joann who is currently serving as their district CTE director. In Mindy's nomination she mentions the incredible support financially and otherwise that Joann has contributed to their school district. As with many of the school districts on the Wasatch front, the school population is booming and this brings the building boom. Many districts try to eliminate or cut back programs, equipment or supplies. Mindy says that, "Joann has gone to bat for FACS programs and needs in our district." We all know the value of an administrator that supports the programs, especially when there are sewing machines involved in the money.

2008 FACS SUMMER CONFERENCE AWARDS



AWARD RECIPIENTS

From left to right:
Kathy Croxall,
Camille Williams,
Becky Cox, and
Susan Smith



Election day is coming up on
Tuesday, November 4th.
Be sure to exercise your right to vote!

Check out the
ACTE and UACTE
websites at:
www.acteonline.org
www.uacte.org



Nominations for 2008-2009

Summer will be here before we realize it. Be thinking of talented educators and "Friends of Education" you could nominate for awards at our Summer Conference next year. We need your help in identifying those worthy of recognition. Please email your nominations to: Rachel Gonzalez gonzr423@alpine.k12.ut.us

"I try to do the right thing at the right time. They may just be little things, but usually they make the difference between winning and losing."

Kareem Abdul-Jabbar



2008/2009 UATFACS BOARD

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**We Want
YOU!**

To **JOIN US!**



LEARN with us...

SHARE with us...

GROW with us!

**Become a member of ACTE
and our State Association.**

Professional Membership	\$60
Students	\$10
State Associate	\$35
State Division	\$10

* Allocated funds may be used for membership fees.